



WILD TRACKS

Climbing Mt. Kilimanjaro Machame route, 7 days/6 nights

The Machame route is sometimes called the 'Whisky Route' compared to the easier 'Coca Cola' route. Machame is a popular route with steep paths through magnificent forests and through the moorland zones to the Shira Plateau. It then traverses beneath the glaciated precipices of the Southern Ice fields to join the Barafu Route to the summit. An extra day is spent on the Shira Plateau and allows the body to acclimatize. The Mweka Route is used for the descent. Because the pathway up and down is different you will have a lovely view to the mountain and experience more variety in the environment.

Accommodation on the mountain is in tents which will be pitched for you by our team. You will need warm clothes and walking poles. This is a steep, tough trek within the limits of a fit individual used to walking in mountain areas.

Day 1: Machame gate (1490 m) – Machame camp (2980 m). 5-7 hours

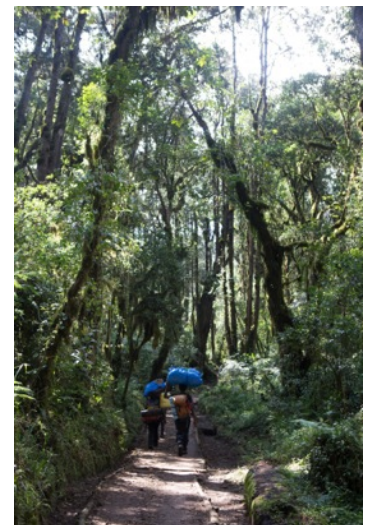
After breakfast you leave your hotel and drive to Machame gate where the climbing starts. The trekking begins through the rainforest on a winding trail. Lunch is served on the way. Dinner and overnight at Machame Camp.

Day 2: Machame Camp (2980 m) – Shira Camp (3840 m). 4-6 hours

After breakfast you leave the glades of the rain forest and continue trekking through the moorland crossing a little valley. After resting you continue up along a steep rocky ridge at 3658 m before reaching the Shira plateau. Dinner and overnight at Shira Camp. It can be temperatures below freezing at night.

Day 3: Shira Camp (3840 m) – Shira Needles – Shira Camp (3840 m).

This day you will trek up to the Shira Needles in order to get your body used to the high altitude. It is advised to take a hike to a higher point and then descend for sleeping at a lower altitude.



Day 4: Shira Camp (3840 m) – Lava Tower (4630 m) – Barranco Camp (3950 m). 7 hours

From Shira plateau you continue your trekking up to a rocky landscape and the Lava Tower. The trail passes under the towers and it is advised to go to the top for acclimatization. After lunch you descend to for 2 hours to the western Breach and Barranco Camp.



Day 5: Barranco Camp (3950 m) – Barafu Camp (4550 m). 7-8 hours

After breakfast you leave the Baranco Camp and walk on a steep ridge passing walls through the Karanga Valley to Barafu Camp. From Barafu Camp one can have a great view of Kibo and Mawenci peaks. Try to eat well before you go early to bed to get some hours of sleep. The next hiking for the summit will start at midnight.



Day 6: Barafu Camp (4550 m) – Uhuru Peak (5895) – Mweka camp (3100 m). 8 hours up and 7-8 hours down.

Around midnight you will wake up and have a small meal before you start hiking in darkness. The most challenging part of the route is through the heavy scree between the Rebmann and Ratzel glacier to Stella Point (5685 m). At the point you have a little rest and then continue along the rim to Uhuru Peak. Enjoy the view at the summit as the sun will be up over the horizon.

The descent from the summit to Barafu Camp will take around 3 hours. Here you will rest a while before you continue to Mweka Camp.

Day 7: Mweka Camp – Mweka gate. 3-4 hours.

An easy trek down through beautiful forest and Mweka gate. Here you will be met by your driver that will take you back to your hotel.